Book Club Questions for

These Precious Days by Ann Patchett

- 1. The central essay revolves around Ann Patchett's unexpected friendship with Sooki, Tom Hanks' assistant. How does this friendship redefine the meaning of connection and being seen by others?
- 2. Discuss the impact of friendships on the author's life as portrayed in different essays. How do these friendships shape her views on love, companionship, and human connection?
- 3. The essays in the book capture various transformative moments in Patchett's life. Which essay resonated with you the most, and why?
- 4. How does Patchett navigate through life's unexpected twists and turns, and what can readers learn from her experiences?
- 5. In the essay "There Are No Children Here," Patchett discusses her choice not to have children. How does her decision challenge societal expectations, and what insights does she offer about the complexities of this choice?
- 6. Explore the themes of motherhood and womanhood in the context of Patchett's narrative. How does her perspective on these topics influence her writing and her relationships?
- 7. Patchett talks about her relationships with her three fathers. How does her unique family dynamic influence her perspective on identity and belonging?
- 8. In the essay "The First Thanksgiving," Patchett spends the holiday alone in her college dorm. How does this experience reflect the theme of family and home in the book?
- 9. Several essays touch on themes of loss and acceptance. How does Patchett cope with loss, and how does she find solace in her writing and relationships?
- 10. Patchett provides glimpses into her writing process and her discipline as a writer. How does her self-awareness and understanding of her own limitations contribute to her creativity and productivity? Discuss her approach to balancing writing with other aspects of her life.
- 11. In the essay "The Nightstand," Patchett revisits her early writings, exploring the tension between holding onto the past and embracing the present. How does this reflection on her past work inform her present writing journey?
- 12. In what ways do the essays explore the acceptance of mortality and the fleeting nature of life? How does Patchett find beauty in impermanence?
- 13. Patchett discusses the influence of literature and art in her life. How do books and creative expressions impact her worldview and personal growth?

- 14. The collection grapples with the theme of mortality, especially in the face of Sooki's illness. How does Patchett confront the realities of mortality, and what lessons can readers draw from her perspective on living fully in the present moment?
- 15. Discuss the essay "How to Practice," where Patchett contemplates the impermanence of life and the importance of appreciating the present. How can readers apply the principles of mindfulness and gratitude in their own lives, especially in challenging times?
- 16. Throughout the book, Patchett emphasizes the significance of literature and art in her life. How do books and artistic expressions serve as lifelines for her and those around her, providing solace, inspiration, and connection?
- 17. Explore the symbolism of Sooki's painting of Patchett's dog Sparky, which adorns the book cover. What does this artwork represent in the context of their friendship and the themes explored in the collection?
- 18. Explore the essay "Cover Stories," where Patchett talks about book covers. How does this essay shed light on the creative process and the significance of visual representation in literature?
- 19. Patchett's writing is often described as elegant and insightful. How does her writing style contribute to the emotional impact of the essays?
- 20. Discuss specific passages or quotes from the book that left a lasting impression on you and why they resonated.
- 21. In what ways did reading Patchett's essays inspire personal reflection? Did any of her experiences or insights prompt you to reconsider your own views on life, friendship, or creativity?
- 22. Share your own experiences related to friendship, unexpected connections, or moments of self-discovery that you found parallel to Patchett's stories.