

**Book Club Questions for
None of This Is True by Lisa Jewell**

1. How did the book's title shape your expectations of the story and its characters? Were there any specific aspects you were skeptical about right from the beginning due to the title?
2. Reflect on the concept of sharing a birthday. Can you relate to the sense of connection and curiosity that Josie and Alix feel? What do you think drives Josie to assign such significance to this seemingly ordinary coincidence?
3. In the initial chapters, how does the author lead us to view Josie in a sympathetic manner? What techniques does Lisa Jewell employ to portray Josie as slightly eccentric or lonely, and how does this affect our perception of her as harmless?
4. Both Josie and Alix are haunted by their pasts and driven by their desires for change. How do their personal histories shape their actions and decisions? How does the pursuit of transformation impact their interactions with each other?
5. The book highlights Josie's online behavior as a "lurker" on social media, never posting or engaging but simply observing (page 21). How does this behavior manifest in other aspects of Josie's life?
6. As Alix uncovers more unsettling details about Josie, she continues the podcast interviews without intervening. Do you think Alix should have taken action? How might the outcome have changed if she had?
7. Josie expresses the belief that Alix is the answer to her life's challenges: "Alix is the answer to everything, somehow" (page 135). Why does Josie place such hope in Alix's impact on her life? How do you interpret Josie's aspirations at this point in the story?
8. Revisit the scene where Josie confronts and physically confronts Walter. Given the story's conclusion, how does this scene shed light on their relationship dynamics?
9. Throughout the book, the concept of truth is explored, especially in the context of Josie's narrative. How does Josie's perception of reality influence her actions, and how do other characters respond to her version of events?
10. During the dinner gathering at Alix and Nathan's home, it becomes apparent that Josie hasn't informed Walter about the podcast. Alix perceives Josie's behavior as a "classic Josie maneuver," indicative of her haphazard and carefree approach to life. Do you align with Alix's portrayal of Josie, viewing her as impulsive and thoughtless, or do you suspect Josie might possess a more calculated side?

11. The characters' secrets have far-reaching consequences that affect not only their own lives but also those around them. Discuss the ripple effects of these secrets and how they ultimately shape the course of the story.
12. How does the theme of social class impact the unfolding events in the book? How do the differing social classes of the two families play into the overall storyline?
13. Reflect on the revelations shared by Erin and Roxy about their pasts and recent experiences. Which aspects of their stories shocked you the most? Additionally, which of Josie's fabrications did you initially accept as truth, and what influenced your assumptions?
14. As the novel progresses, we gain insights into Josie's character and actions from multiple perspectives, including her children, her mother, and Katelyn. With these varied viewpoints, has your perception of Josie evolved or shifted?
15. In the final scene, Josie reflects on her past while on a bus, firmly convinced that her memories reflect reality. Do you find yourself inclined to believe her perspective, or do you think she might be deceiving herself?
16. In the first half of the book, what subtle hints or clues did you detect that hinted at a more complex reality in Josie's life? How accurate were your predictions as the story progressed?